

Heidi Caprood Selected as 2019 New Hampshire Young Engineer of the Year

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Heidi Caprood, E.I.T. has been selected by a jury of her peers from New Hampshire's Joint Engineering Societies as the 2019 Young Engineer of the Year.

The American Council of Engineering Companies of New Hampshire (ACEC-NH) nominated Heidi for this prestigious award based on her engineering accomplishments and her impressive contributions to the local and world community. The award was presented to Heidi at the Engineers Week Banquet in Concord, New Hampshire on February 19.

Heidi's engineering career began at Sanborn Head in Concord, New Hampshire when she joined the firm almost six years ago. Since then she has contributed to approximately 100 environmental assessment and remediation projects for private and public-sector clients. Over the years at Sanborn Head she has taken on increasing roles and responsibilities in project management and client service and was recently promoted to Project Manager.

Within the local environmental engineering community, Heidi is well-respected and was the recipient of two awards in 2017. She received the Environmental Business Council of New England's Ascending Leader award and was part of the team that received the Overall Winner of the 2017 ACEC-NH Engineering Excellence Award for the Broad Street Parkway redevelopment project in Nashua, New Hampshire. "Heidi is a team player and natural leader among leaders," said Sanborn Head President Barret Cole, P.G. "I've truly enjoyed seeing her grow in her engineering career and develop her leadership skills. Her passion for her profession is undeniable."

Heidi is a strong believer in giving back to the community and to those less fortunate around the world. In 2015, she co-founded the Engineers Without Borders New Hampshire Professional Chapter and has been serving as the chapter's president since that time. She is devoted to providing clean and sustainable drinking water and has traveled to Uganda three times since 2016 as part of a team to install five drinking water wells in remote villages. "Heidi's passion for the clean water project in Uganda has motivated the chapter to do great things," said Sanborn Head Project Director Jennifer Sanborn, P.E. "She cares about the people that live there and works tirelessly to keep the chapter on track and moving forward. Heidi is using her skills as an engineer to help people in a very direct and meaningful way, and I think that's something we should all aspire to as engineers."

Heidi resides in Manchester, New Hampshire with her husband Josh, who she married in May 2018. When she is not spending her free time on Engineers Without Borders activities, Heidi enjoys snowboarding, camping, traveling, and visiting her family in northern Vermont.